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MOHS PRE-OPERATIVE INSTRUCTIONS

You have been scheduled for Mohs Micrographic Surgery. We look forward to taking care of you in our office. The following are just a few instructions but if you have any questions and/or concerns, please feel free to call our office to discuss further.

1. Please eat breakfast / lunch on the day of your surgery.
2. Your surgery can last anywhere from 2-5 hours. You may want to bring a book or something to occupy yourself while you are in the office. You can also bring a close friend or family member.
3. Take your regularly scheduled medication on the day of your surgery. It is important that you bring a list of your medications and allergies with you. If you cannot make a list, please bring all of your medications with you.
4. Unless you are on aspirin by a doctor's order, please refrain from taking aspirin for 3 weeks. Non-steroidal anti-inflammatory medications such as Motrin, Advil, Alka-Seltzer, or Ibuprofen should be discontinued for ONE WEEK prior to surgery, unless you are taking these medications by doctor's order. Stop Vitamin E and fish oil supplements for at least one week. We do **NOT** require you to discontinue any prescribed blood thinners (Coumadin or Plavix, etc). If you have a bleeding disorder, call our office to let us know. If you have any questions, please call our office.
5. In general, antibiotic prophylaxis is NOT indicated for skin surgery, even if you have artificial joints or valves. Please call our office if you have any concerns.
6. Notify our office if the site that will be operated on is growing or changing rapidly.
7. Notify our office if you require special accommodations.
8. If you require oxygen, please bring an extra tank with you. If you have any questions, please call our office.
9. After your surgery you will be scheduled to return to the office anywhere from 4-12 weeks for a follow-up appointment.. You will be asked not to plan *extended* vacations immediately following surgery. You *may* need to be available 7-14 days after your surgery for a suture removal visit. You will also need to refrain from heavy lifting and strenuous activity after surgery for optimal healing of the surgery site. If this is not feasible, please call our office immediately to reschedule your appointment.
10. Please arrive 15 minutes early for your appointment or we may need to reschedule you.

We look forward to meeting you! If you have any questions or concerns, please call our office.